

GERMANTOWN FRIENDS SCHOOL

Extended
DAY PROGRAM



AFTER-SCHOOL CLUBS

WINTER 2018

January-March

GERMANTOWNFRIENDS.ORG



AFTER-SCHOOL CLUBS – WINTER 2018

Please enjoy the following descriptions of the enriching play-centered clubs we have planned for the winter term.

All after school clubs will begin the week of January 8, and end during the week of March 5 (with the exception of Friday clubs, which will end on March 2). Make-up classes will take place during the week of March 12.

Note: Instrumental Ensembles and Environmental Action Club will be on hiatus during the winter term.



>> OBVIOUS CHOICE ATHLETICS

1. All-Star Sports with Coach C. and Obvious Choice Athletics

Tuesdays, 3:20-4:20 p.m. (no club 2/20)
Grades 1-5 | \$215

The All-Star Sports Club with Coach C. and Obvious Choice Athletics offers young athletes the opportunity to play and improve their skills in a wide range of sports, including soccer, floor hockey, Ultimate Frisbee, and dodgeball. In addition to in-depth instruction, participants hone such important individual skills as eye-hand coordination, strategic thinking, and sportsmanship all while having loads of fun playing games under the direction of GFS's zaniest and most charismatic after-school coach!

2. American Sign Language

Thursdays, 3:20-4:20 p.m.
Grades 1-4 | \$195

American Sign Language (ASL) is one of the GFS Upper School's most popular electives. Now GFS is introducing a program for Lower Schoolers. This new program will include

• NEW •

3. The Animal Kingdom's Superheroes

Thursdays, 3:20-4:20 p.m.
Preschool-Grade 1 | \$235

Come learn all about the amazing "superpowers" of your favorite animals! Did you know there are animals that can soar through the air like Superman or make themselves "invisible" by blending into their

• NEW •



>> BALLET

surroundings like Harry Potter when he wears his invisibility cloak? Join an expert naturalist from the Riverbend Environmental Education Center who will introduce a different animal ambassador each week. Participants will learn how animals developed their special powers in order to thrive in the animal kingdom, and they will make a special animal superhero of their own using their new knowledge of camouflage, migration, and more!

4. BALLET: Moana

Tuesdays, 3:10-3:55 p.m. (no club 2/20)
 Preschool-Grade 1 | \$245

Following the triumph of their *Frozen* performance set in frigid Scandinavia, this season the Dance Troupe will voyage to the ancient Polynesian island of Motunui. Dancers will perform a routine set to “How Far I’ll Go,” one of Lin-Manuel Miranda’s enchanting songs from the soon-to-be classic *Moana*! Instead of a conventional romance, this Disney film focuses on a brave hero’s quest to fulfill her destiny and to rid her island of a terrible curse.

GFS is thrilled that professional ballet instructor Fallon Gannon will be back this winter to share her love of music and ballet

with our young dancers.

The performance of *Moana* is scheduled for Tuesday, March 6.

Please note: Preschool students of any age may enroll. This class is open to dancers of all genders. Students will need their own ballet attire and slippers. Slippers, a leotard and tights, or a T-shirt with black leggings are recommended. Dancers should wear the attire they feel best suits them. Dance wear can be purchased through discountdance.com or at a local dance store.

5. Basketball with Coach C. and Obvious Choice Athletics

Fridays, 3:20-4:20 p.m. (no club 3/9)
 Grades Kindergarten-5 | \$215

Basketball Club participants will hone essential skills such as shooting, passing, dribbling, and defense. Game concepts such as identifying opponents’ strengths and weaknesses and understanding basic defensive strategies will also be incorporated. In addition to developing players’ conditioning, flexibility, and speed, Coach C. will work with players to build self-confidence and physical endurance, while strengthening their teamwork and sportsmanship skills.



>> CHESS WITH ROSS COLBY

6. Ceramics and Cooking with Lynne and Heather

Wednesdays, 3:20-4:20 p.m.

Grades 1-5 | \$255

What could be more fun than a partnership between our beloved Ceramics instructor and ASPIre's own master chef, Heather McKelvey?

For the first time this dynamic duo will team up to offer participants the opportunity to express their creativity through clay while honing their culinary skills through cooking. Projects may include, for example, the creation of a gorgeous bowl and serving spoon and then the preparation something delicious to put in that bowl, perhaps a hearty stew, chili, or apple cobbler.

7. Chess with Ross Colby – Lower School

Wednesdays, 7:20-8:05 a.m.

Grades 1-5 | \$225

Although the Lower School Chess Club is designed to be the continuation of Chess from last fall, newcomers are welcome to join (though they may wish to arrange an individual lesson or two with Ross beforehand). This group will continue their study of center control, development of

knights and bishops, and king safety. As always, the focus will be on thinking *before* touching and on asking ourselves, “What is my opponent trying to do?” and “What is going to happen to my piece if I go there?”

The emphasis is not on winning, but on having fun while learning one of the world's oldest and most popular games.

8. Chess with Ross Colby – Lower School Tournament

Tuesdays, 11 a.m.-12 p.m. (no club 2/20)

Grades 4-5 | \$285

The Lower School Tournament Chess Club is for experienced chess players who already have competed in one or more chess tournaments.

Third graders invited by Ross are eligible to participate from 11:30 a.m. until noon.

9. Chess with Ross Colby – Middle and Upper School

Wednesdays, 8:05-9 a.m.

Grades 6-12 | \$255

Middle and Upper School Chess Club is geared toward students who have had at least a full year of chess instruction. This group will continue learning about forks,



>> COMPUTER CODING + LEGO® MINDSTORMS ROBOTICS

pins, skewers, discovered attacks, and removing the defender. Concepts such as “zugzwang,” “opposition,” “backwards,” and “isolated” pawns, and “holes” will also be introduced. Recording and playing on the clock are encouraged but are not mandatory. Ross will delve deeper into opening and middlegame traps, plus all basic endgames will be mastered, including: 2-Rook (step ladder) checkmate, Queen/King and Rook/King (boxing) checkmates, and king/pawn endgames.

10. Computer Coding and LEGO® Mindstorms Robotics

Wednesdays, 3:30-4:30 p.m.

Grades 3-8 | \$245

During the winter term, participants in Matt Zipin’s Wednesday Technology Club will have the option of focusing on either LEGO® Mindstorms EV3 Robotics or coding projects using Scratch and Python. In other words, participants will be free to choose the area into which they wish to dig more deeply. Of course, newcomers are welcome to join the club as well!

ASpire or MSAS coverage from 3:10-3:30 p.m. is included in the cost of this club.

11. Cook’s Night Off (formerly Let’s Make Dinner)

Tuesdays, 3:15-4:15 p.m. (no club 2/20)

Grades 2-6 | \$285

Do you find it difficult to come up with a delicious meal day after day? The goal of this club is to teach participants how to plan for and prepare a nutritious meal for the whole family to share. Each week, students will create dishes that focus on the importance of fresh, local ingredients as well as the skills associated with cooking a meal from scratch! Students learn and practice kitchen safety and proper knife skills while working together to each prepare a main dish that serves 4 to 6 people in an oven-ready container with baking instructions. Along with the actual meal, students will bring home the recipe so they will have the directions how to continue making family dinners even after the club has ended so eventually every night will be the cook’s night off!

We will provide vegetarian options upon request at registration.



>> DESIGN STUDIO

12. Creative Drama for Kids – Main Campus

Fridays, 3:10-4 p.m. (no club 3/9)
Preschool and Kindergarten | \$215

• NEW •

13. Creative Drama for Kids – Center City Location

Tuesdays, 4:15-5:05 p.m. (no club 2/20)
Preschool-Grade 4 | \$215

During this energetic and fun-focused class, students will activate their imaginations as they learn the basics of dramatic storytelling. Working on self-expression and teamwork, students will use their bodies, voices, and creativity as they confidently wriggle like boa constrictors, lumber like elephants, or swagger like jungle explorers. Some days the group will make up their own story as they embark on a heart-pounding adventure. On other days, the class will focus on reading and bringing to life a children's classic such as *Where the Wild Things Are* by Maurice Sendak, *Harold and the Purple Crayon* by Crockett Johnson, and *Rikki Tikki Tavi* by Rudyard Kipling.

The session will conclude with an open class for families and friends to join in on an adventure on Tuesday, March 6 in Center City; and Friday, March 2 at Main Campus.

14. Design Studio with Eli and Heather

Wednesdays, 3:10 - 4:10 p.m.
Grades 3-8 | \$255

Design Studio's first module will focus on model building through the creation of miniature tree houses. Under the direction of GFS Woodworking teacher, Eli Searce, students who participated during the fall term will continue working on their tree houses; whereas, newcomers will select a branch, set it upright in a plaster base, and sketch a design before they get to work creating their masterpiece using a variety of found materials.

During Design Studios's second half, Lower School art teacher Heather Chu Marvill will again teach painting and guide students in blending, mixing, and creating perspective. Students also will learn about different brushes, color mixing, and acrylic painting as they develop their skills and create their own canvas masterpiece.

15. Drama: *Alice in Wonderland*

Mondays, 3:10-5 p.m. (no club 1/15, 2/19)
Grades 2-8 | \$255

Note: This is a two-session club. Participants will need to re-register for the winter session



>> HIP-HOP DANCE

in order to be eligible to perform in the final production.

The performance of *Alice in Wonderland* will take place on Monday, March 12.

16. Drama: *Alice in Wonderland* Set Design & Construction Workshop with Michael Kerns

Tuesdays, 3:10-4:30 p.m. (no club 2/20)
Grades 3-8 | \$195

If you, like Alice, were to fall down the rabbit hole, what would you find? If you are interested in helping design Wonderland with its magic door, unbirthdays tea party, and royal croquet court, then come join GFS's own master builder and set designer Michael Kerns. If you enjoy working with your hands and expressing your creativity in three dimensions, don't miss this opportunity to cut, sand, hammer, and paint *Alice in Wonderland's* colorful sets!

17. Girls Who Code

Fridays, 3:20-4:20 p.m.
Grades 5-12 | \$0

"I think everybody in this country should learn how to program a computer because it teaches you how to think."— Steve Jobs, Apple cofounder

• NEW •

18. Hip-Hop with Movemakers Philly

Thursdays, 3:20-4:20 p.m.
Grades 1-3 | \$225

Movemakers Philly's renowned hip-hop classes combine martial arts-like technique

As programming jobs in the US grow 12 percent faster than the market average, the percentage of women working in the computer science/technology field has declined. According to US News and World Report, 37 percent of computer science majors in 1984 were women, yet by 2014 that number had dropped to 18 percent. The Girls Who Code Club is a national organization founded to close that gender gap.

Under the direction of GFS senior (*and future computer science major*) Hyunji Kim, and GFS Middle School Computer Coordinator Laura Jamieson, girls will learn to code—or deepen their existing programming knowledge. This club will focus on helping participants develop their critical thinking and problem-solving abilities, as well as building teamwork and leadership skills.

Note: ASPire or MSAS coverage is available from 3:10-3:25 p.m. for a modest additional fee. This club is funded through a grant for which GFS applies.



>> KARATE

with fast, energetic choreography. Participants will not only learn the evolution of hip-hop as a dance form, they will also study choreography from the latest music videos. Each session will begin with warm-up exercises before the music starts and the class begins learning and creating their own complex dance moves. Students will be encouraged to find their own identities through movement and to explore “the choreographer within,” by creating portions of the final routine themselves.

19. Jewelry Making with Shanise

Mondays, 3:20-4:20 p.m. (no club 1/15, 2/19)
Grades 1-6 | \$145

What do zippers, bobbins, buttons, keys, dice, dominoes and game pieces all have in common? They can be transformed into wearable art! Join experienced jewelry maker Shanise Hames for an after-school club for kids who want to use their imaginations to create upcycled jewelry for themselves or give as gifts to loved ones. Shanise will not only introduce basic jewelry-making techniques, but she also plans to take club participants on an expedition to a local thrift store to

search for hidden treasures just waiting to be transformed!

If you have any old jewelry (especially costume jewelry) you'd be willing to donate, please drop it off in the Lower School Office or the Auxiliary Programming Office.

20. Karate I

Mondays, 3:10-4 p.m. (no club 1/15, 2/19)
Preschool and Kindergarten | \$215

21. Karate II

Mondays, 4:05-5 p.m. (no club 1/15, 2/19)
Grades 1-5 | \$215

Under the direction of expert martial artist Mr. Edgard Velez, Karate I and II students will learn and practice drills designed to condition their minds and bodies while also emphasizing fun. Mr. Edgard specializes in teaching children of all ages, experience levels and backgrounds, and he is dedicated to instilling the benefits of hard work, respect, compassion and drive both in and out of class.

The Karate Belt Ceremonies will take place on Monday, March 5.

Please note: ASpire coverage for students in Karate II is available from 3:10-4 p.m. for a modest additional fee. If your child does not already own a gi (uniform), please purchase one and indicate the size at registration.



>> MANDARIN

22. Mandarin I - Little Pandas

Thursdays, 3:10-4:15 p.m.

Grades 1-4 | \$245

The objective of this club is to continue to develop what we hope will be a lifelong interest in a culture that spans millennia and is becoming an increasingly influential player on the world stage. The program will continue to follow the *My First Chinese Words* curriculum, which offers an introduction to key vocabulary words and sentence structures. Students also will read supplementary Chinese story books, watch DVDs about Martial Arts and create arts and crafts related to Chinese holidays and traditions. Lǎoshī Su Abigale will continue sharing her love of language in hopes of deepening their curiosity about foreign cultures.

23. Soccer Shots I

Wednesdays, 3:10-3:55 p.m.

Preschool and Kindergarten | \$215

24. Soccer Shots II

Wednesdays, 4:05-4:55 p.m.

Grades 1-3 | \$215

Returning this winter, Soccer Shots is the premier children's soccer experience for children from preschool to third grade. Through quality, high-energy soccer

programming with instruction from highly trained coaches, Soccer Shots emphasizes soccer skills and character development with fun, age-appropriate play. Soccer Shots instructors use each session to teach children important character and social concepts, such as teamwork, confidence and respect. Moreover, their weekly, season-long approach will take children from the most basic understanding of soccer through the ten fundamental skills all soccer players need to know. Finally, Soccer Shots teaches players positive life skills designed to leave a lasting impact on every child who participates.

Please note: First graders who have no soccer experience may need to take Soccer Shots I. ASPire coverage for students in Soccer Shots II is available from 3:10-4 p.m. for a modest additional fee.

25. Stage Left — Intensive Scene Studies

Thursdays, 3:10-4:20 p.m.

Grades 3-5 | \$265

During the winter term, Jenny Hutchison's acclaimed Stage Left Club will shift its focus to an intensive exploration of scene studies, which are in-depth explorations of different script styles and genres ranging from Shakespeare to August Wilson, Aaron Sorkin to Nora Ephron, and Lin-Manuel Miranda.



>> STAGE LEFT

Participants will learn lines and practice monologues in addition to focusing on timing, intonation, movement, and character development. The club will culminate with a performance during a Lower School Assembly. Please note: This club will involve out-of-class-time effort focused on learning and rehearsing lines.

26. Theater Games and Improv

• NEW •

Tuesdays, 3:20-4:20 p.m. (no club 2/20)
Grades 1-2 | \$265

Jenny Hutchison will offer her ever-popular Stage Left Club for young thespians interested in learning how to think on their feet while using their imaginations. This club is designed to introduce children to all aspects of theater arts while simultaneously promoting self-confidence, communication, and creativity. Club participants will learn storytelling skills as well as such theater arts basics as character, voice, listening, and of course the fundamental improv concept, “Yes, and...”

During the final class on March 6, families are invited to attend to join in some of the group’s favorite games and activities.

27. Take-it-Apart with Mr. Fix-it

Fridays, 3:30-4:30 p.m. (no club 3/9)
Grades Kindergarten-5 | \$125

Calling all tinkerers! Pick up your screwdriver and join ASPire’s own Mr. Fix-it, Rob Johnson, as you take apart devices such as an alarm clock, a vacuum, a radio, a television, and even a computer! Learn how power sources like electricity, batteries, and analog gears make machines work. Club participants will learn not only how machines and mechanisms work, but also how to open them up and put them back together. Ideally, by dismantling a gadget, kids will learn to look at machines differently.

If you have an old alarm clock, vacuum, radio, TV, or other gadget that you’d be willing to donate, please drop it off in the Lower School Office or the Auxiliary Programming Office.

ASPire coverage from 3:10-3:30 p.m. is included in the cost of this club.



>> YOU GO GIRLS™ POLAR EDITION

28. Wrestling Club

Tuesdays & Thursdays (January 2-February 8),
5:30-6:30 p.m.

Grades Kindergarten-5 | \$85 (twice a week) &
\$45 (once a week)

Join GFS Varsity Wrestling Coach Paul Hammond for a month-long, after-school club dedicated to introducing students to the fundamentals of this great sport, including position, level change, arching, and even gymnastic rolls!

ASpire coverage from 3:10-5:30 p.m. for the Wrestling season is available for a small additional fee.

Participants should come to each practice prepared to work out wearing shorts and a T-shirt.

29. You Go Girls™ Polar Edition

Thursdays, 3:10-5 p.m.

Grades 3-5 | \$255

You Go Girls™ is a club that supports sisterhood and self-esteem in the context of running. Under the direction of GFS parents and running enthusiasts Katie Scrivner and Chris Peterson, as well as varsity GFS track athlete Taryn Barrett, this dynamic group of young women will set and reach goals they never imagined possible! In addition to running, club participants also will build self-confidence, deepen friendships and work on

enhancing body satisfaction.

Whenever possible, the You Go Girls™ will run outside during the winter term. When the weather isn't suitable for running, YGGirls will practice yoga and mindfulness techniques, learn about accomplished female athletes, and make (and eat) healthy snacks! It is recommended that participants have proper running shoes as well as layers for winter's chilly and blustery weather.

30. Zany Games with Mr. Fun

Wednesdays, 3:25-4:25 p.m.

Grades 1-4 | \$135

Join Mr. Fun, Rob Johnson, for a tour of classic games ranging from the ever-popular checkers, Othello, Scrabble, dominoes, Magic, and Monopoly to retro video games such as Super Mario Brothers and Sonic the Hedgehog. Participants will also be introduced to one of the original video games, Pong, as well as an assortment of classic card games such as spit, spades, hearts, and gin rummy. Rob will share his extensive knowledge of games as well as game-playing strategies and etiquette.

ASpire coverage from 3:10-3:25 p.m. is included in the cost of this club.

WINTER CLUBS REGISTRATION

Online registration will begin on **Thursday, December 14, at 5:45 p.m.** Visit www.germantownfriends.org/extendedday to find the registration button for Active Network. Enrollment is limited, so sign up early!

Upon registering, Lower School parents will need to update dismissal information for their children. The confirmation email will include a link to a Change in Dismissal form. It is essential that parents fill out this form in order to inform the Lower School Office of all changes in dismissal and pick-up plans.

We wish for all students to be able to participate in programming offered by GFS. Financial assistance is available for qualifying families. If you would like your child to participate in an after-school activity and you anticipate needing assistance, please contact Tchet Dorman at tdorman@germantownfriends.org.

Although clubs are designed for particular grade levels, we may be able to accommodate interested students from outside of the designated grades provided that space is available and the instructor approves. Please contact afterschool@germantownfriends.org for further information.

CONTACT INFORMATION

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MARK YOUR CALENDARS FOR SPRING BREAK!

SPRING BREAK CAMP - MARCH 19-23, 2018: MYTHS, LEGENDS, AND EPIC QUESTS

Join us for a week of myths and legends from around the world.

The week will begin with an adventure back in time to ancient Egypt to learn about Ra, Isis, and Osiris. On Tuesday, campers will explore West African legends as well as Afro-Brazilian Candomblé, eat cultural foods, and enjoy a soccer tournament. Wednesday will feature a journey to medieval England to explore the legends of Robin Hood, King Arthur, Excalibur and the Round Table through a campus quest. Thursday's highlight will include a visit from an educator from the Riverbend Environmental Education Center who will share stories about animal myths and legends. Friday will wrap it up with the ASPire Star Wars Olympics!

Sign up now to take advantage of the early bird special, which will expire on January 10.