



## CulinArt Dining Services 2018-2019



Sign-up for the Student Meal Plan by returning your completed Meal Plan Enrollment Form to CulinArt at Germantown Friends School. **Include credit card info or enclose check payable to CulinArt Inc. at Germantown Friends School.** Mail to Germantown Friends School, ATTN: CulinArt Dining Services, 31 West Coulter Street, Philadelphia, PA 19144.

For questions regarding our meal plan program, call our Director of Dining Services at (215) 951-2382 or email [jborkosky@germantownfriends.org](mailto:jborkosky@germantownfriends.org)



CULINART GROUP  
INNOVATIVE DINING SOLUTIONS

Germantown Friends School dining services is proudly served by CulinArt Inc. CulinArt is a strong supporter of local farmers and farm-to-fork initiatives. CulinArt's Sustainable Solutions programs include daily local produce offerings, organic, and free-range menu options.

CulinArt and Germantown Friends School are working towards an environmentally friendly school community.

We are excited to share our green initiatives with you and will continue to make dining decisions that can have a positive effect on the environment. Look for highlighted sustainability statements throughout the café.

CulinArt offers fresh and healthy foods in our cafe everyday so that our students can make smart selections for lifelong good health. Our Eat Well offerings contain:

- Beneficial sources of fat including nuts, seeds and other plant sources
- Less than 10% of calories from saturated fat and 0 artificial trans fat
- Less than 800mg of sodium per serving
- Less than 8g of added sugar, the equivalent of approximately 2 teaspoons
- At least 3g of dietary fiber per serving, with the exception of protein-based entrees and soups

Look for clear identifiers throughout the cafe, highlighting Eat Well, Vegetarian and Vegan offerings.



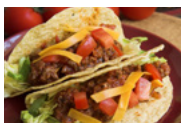
## New York Deli

Our New York Deli presents custom sandwiches using the finest provisions and cheeses. All sandwiches are available on choice of bread, roll, or tortilla wrap, including whole wheat and multi-grain varieties.



## Chef's Choice

Take "comfort" in our hot entree favorites, and specialty selections, which offer students a well-balanced meal including fresh vegetable, and potato, rice, or alternate starch. Our Chef's Choice selections range from traditional American fare to international and regional cuisine. Watch for our Meatless Monday menu items.



## Pizza Villaggio

Fresh-baked traditional and contemporary pizza prepared with our fresh dough and zesty sauce. Look for our house-made calzones, stromboli, garlic knots, stuffed pizza, and fresh pasta selections.



## Souper Soups

Our cauldrons of soups, chowders, and chilis are sure to please with daily Chef's selections including vegetarian options. Soups can be combined with sandwiches or salads for a well-rounded meal.



## Fresh Select

Our salad bar is chock full of the freshest ingredients—greens, veggies, protein, toppings, and more, with choice of light and non-fat dressings. Look for featured local produce throughout the salad bar.



## Sweet Shoppe

Fresh-baked David's Cookies, brownies, and fruit bars are complimented by sliced fresh fruit plates, low-fat yogurt and berry parfaits.



# Register for Flex Dining Dollars and Cashless a la Carte Dining:

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1. Go to [MyPaymentsPlus.com](http://MyPaymentsPlus.com). Click on "Register for a Free Account. "
2. Choose the State, School District, Student ID and Student Last name. Continue through the registration information in setting up your account. Once completed you can now log back on with the user name and password you've created.
3. To add additional students, log on to your account and click "Manage Account", "Manage Students", then "Add student". You can manage all your students from this single account. While you can deposit funds into your child's account at any time, the minimum deposit is \$100 (per student). Visa, MasterCard and eChecks are accepted. **Note: There is a 4.75% convenience fee for using credit cards and/or electronic checks.**
4. Each participating student is issued a Dining Service ID Number, to which their deposits are applied, and from which your child can make daily purchases in the school's café.
5. If you wish to change your email and/or password at any time, you may do so by selecting the link on the [www.mypaymentsplus.com](http://www.mypaymentsplus.com) home page.
6. Participating families may view their account balances online at anytime and can set their account to automatically replenish flex dollars.
7. End-of-year remaining meal plans will not be rolled over to the next school year, excluding outgoing seniors.
8. Charging privileges will be discontinued once funds are exhausted, so please monitor your balance weekly or set account to automatically replenish.

**For registration help, email [srenz@culinartinc.com](mailto:srenz@culinartinc.com).**

## CulinArt Contact Information:

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Jes Borkosky, Chef/Dining Services Manager  
telephone: 215.951.2382  
email: [jborkosky@germantownfriends.org](mailto:jborkosky@germantownfriends.org)

# GERMANTOWN FRIENDS SCHOOL

## 2018-2019 Meal Plan Enrollment Form

I select the Meal Plan below for my child and authorize CulinArt to bill my account according to the published costs for each grade indicated in this brochure.

**Student Name:** \_\_\_\_\_

**Grade:** \_\_\_\_\_

**Meal Plan (select one from below):**

\_\_\_\_\_

Meal Plan	School/Class	Cost	# of Meals
Full Year	Middle	\$879	170
Full Year	Lower	\$835	170
Half- Year	Middle	\$467	85
Half-Year	Lower	\$447	85
Partial Year	Middle	\$306	53
Partial Year	Lower	\$286	53
Milk Program	Lower	\$153	170

**Parent's Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_

**Parent's Phone #:** \_\_\_\_\_

**Credit Card Type:** MC    VISA    AMEX    DISC

**Credit Card #:** \_\_\_\_\_

\_\_\_\_\_

**Exp Date:** \_\_\_\_\_ **CSV Code:** \_\_\_\_\_

\_\_\_\_\_  
**Cardholder's Signature**

\_\_\_\_\_  
**Date**

If not paying by credit card, enclose check payable to CulinArt Inc. at Germantown Friends School. \*There is a 4.75% convenience fee for each credit card transaction and/or electronic check.